

# JOHN PENDAL

## Coaching for People Who Feel like Outsiders

### VALUES

Humour	Focus	Adventure
Participation	Comradeship	Beauty
Honesty	Romance	Authenticity
Performance	Lightness	Zest
Partnership	Recognition	Risk taking
Collaboration	Spirituality	Tradition
Productivity	Harmony	Peace
Community	Empowerment	Respect
Service	Accomplishment	Elegance
Personal	Self-Expression	Growth
Power	Orderliness	Vitality
Contribution	Integrity	Aesthetics
Freedom of choice	Creativity	Trust
Excellence	Independence	Fame
Connectedness	Nurturing	Success
Fun	Accuracy	Love
Acknowledgment	Joy	Inclusivity

List provided by [www.animascoaching.com](http://www.animascoaching.com)

Please go to [www.johnpendal.com/values.html](http://www.johnpendal.com/values.html) for the next steps using this list.